



EYF

Core Learning

Information in this document is aimed to support children throughout **Autumn 1 half term** in EYFS.

CLL & Literacy



The Giant Turnip

Lesson 1: <https://classroom.thenational.academy/lessons/to-listen-and-join-in-with-a-story-c8rkjc>

Lesson 2: <https://classroom.thenational.academy/lessons/to-map-and-speak-the-story-6rr68t>

Lesson 3: <https://classroom.thenational.academy/lessons/to-step-and-speak-the-story-65jk6d>

Lesson 4: <https://classroom.thenational.academy/lessons/to-dance-a-story-ctk38d>

Lesson 5: <https://classroom.thenational.academy/lessons/to-role-play-action-in-a-story-cnh62t>

Lesson 6: <https://classroom.thenational.academy/lessons/to-write-a-caption-to-show-action-in-a-story-6ww66t>

Lesson 7: <https://classroom.thenational.academy/lessons/to-box-up-a-story-to-show-what-happens-6mvkjd>

Lesson 8: <https://classroom.thenational.academy/lessons/to-write-a-story-to-show-action-part-1-61jkjd>

Lesson 9: <https://classroom.thenational.academy/lessons/to-write-a-story-to-show-action-part-2-71k64r>

Lesson 10: <https://classroom.thenational.academy/lessons/to-write-a-story-to-show-action-part-3-6dgk2r>

This area of the EYFS supports children with speaking, listening and attention, reading and writing development. Early literacy sees children noticing how we see letters and words and print all around us, in signs, books and in the environment to enable us to become writers.

Mathematics

Maths is an important part of learning for all children in the early years and receiving a good grounding in Maths is an essential life skill. As well as numeracy, it helps skills such as problem solving, **understanding**, and using shapes and measure and developing their own spatial awareness.

Number:

- Sorting:
<https://classroom.thenational.academy/lessons/sorting-a-collection-of-objects-based-on-one-attribute-70r32t>
- Shape Sorting:
<https://classroom.thenational.academy/lessons/sorting-shapes-based-on-name-or-colour-68rp8d>
- Matching:
<https://classroom.thenational.academy/lessons/matching-objects-in-to-unequal-sets-6muk6d>
- Counting to 7:
<https://classroom.thenational.academy/lessons/recognising-and-counting-numbers-within-7-6hh38c>
- Counting to 8:
<https://classroom.thenational.academy/lessons/recognising-and-counting-numbers-within-8-6lhp8t>
- Counting:
<https://classroom.thenational.academy/lessons/understanding-the-conservation-of-number-within-8-chgp8t>
- Counting to 9:
<https://classroom.thenational.academy/lessons/counting-up-to-9-objects-reliably-74v38d>

White Rose Maths:

- <https://whiterosemaths.com/homelearning/early-years/week-1/>
- <https://wrm-13b48.kxcdn.com/wp-content/uploads/2020/09/PDF-Phase-1-Week-1-Session-1.pdf>
- <https://wrm-13b48.kxcdn.com/wp-content/uploads/2020/09/PDF-Phase-1-Week-1-Session-2.pdf>
- <https://wrm-13b48.kxcdn.com/wp-content/uploads/2020/09/PDF-Phase-1-Week-1-Session-3.pdf>
- <https://wrm-13b48.kxcdn.com/wp-content/uploads/2020/09/PDF-Phase-1-Week-1-Session-4.pdf>
- <https://wrm-13b48.kxcdn.com/wp-content/uploads/2020/09/PDF-Phase-1-Week-1-Session-5.pdf>

Personal Social & Emotional Development

This area of the EYFS is used to develop a child's Personal, Social and Emotional development. It supports children to learn to get on with others and make friends, understand and talk about feelings, learn about 'right' and 'wrong', develop independence and ultimately feel good about themselves.

- A problem shared is a problem halved:
<https://classroom.thenational.academy/lessons/a-problem-shared-is-a-problem-halved-6nhp6d>
- Healthy hugs: <https://classroom.thenational.academy/lessons/healthy-hugs-c5h3ge>
- Who is in my family: <https://classroom.thenational.academy/lessons/who-is-in-my-family-64tkgr>
- Different families: <https://classroom.thenational.academy/lessons/different-families-cru3ar>
- Love for pets: <https://classroom.thenational.academy/lessons/love-for-pets-cgt6cc>

Understanding the World

This area of the EYFS is used to guide children to make sense of their physical world and their community through opportunities to explore, observe and find out about people, places, technology, and the environment.

- To choose and talk about objects that are important to me:
<https://classroom.thenational.academy/lessons/to-choose-and-talk-about-objects-that-are-important-to-me-61gkae>
My face in nature: <https://classroom.thenational.academy/lessons/my-face-in-nature-cruk4d>
To reflect on features of my home:
<https://classroom.thenational.academy/lessons/to-reflect-on-features-of-my-home-68r36c>
- Draw a picture of yourself and label your body parts. Head, arm, leg, elbow, ankle, foot. Use initial sounds and see if you can write the rest of the word using your phonic knowledge.
- Talk about and then write and draw 3 things that makes you happy.
- Draw around your hand and foot, see if anyone in your house wants to join in too. Who has the biggest and who have the smallest? Put them in size order.
- Think about your favourite things. Can you draw them. Your favourite animal, food, place to go, tv show, toy, colour and drink.

Physical

This area of the EYFS is used to develop a child's movement, handling of objects, understanding of their own body and health and levels of self-care. Children do this in range of ways including spatial awareness when moving, co-ordination of small and large movements and how to effectively use tools and equipment.

'Autumn' activities:

- Try cutting out some paper leaves from coloured paper in autumn shades to throw in the air for children to catch, it's lots of fun. Children could also cut out some leaves as part of this activity. N.b. children's scissors are best for this activity.
- Make hedgehog bread with your child. Model to the children how to use their hands to knead and pinch the dough. Encourage them to shape their dough using kneading and pinching. <https://www.bbcgoodfood.com/recipes/hedgehog-rolls>
- Create an autumn dance. You and your child could curl up like a hedgehog, stretch like a squirrel, blow like the wind, swirl like a sycamore seed or flutter to the ground like a leaf.
- Go for an autumnal walk, scoot or bike ride. You could collect conkers, pine cones and leaves. Crunch through the leaves, roll around in them and throw them up in the air then skip, hop or jump through the falling leaves.

Cosmic Kids Yoga:

- We're going on a bear hunt <https://www.youtube.com/watch?v=KAT5NiWHFIU>
- Tallulah the owl: <https://www.youtube.com/watch?v=2aje33UPixE>

Self-Care:

- Please use this opportunity to help your child to practice these skills to improve their independence:
 - Putting on their own coat. Use the 'coat flip' trick.
<https://www.youtube.com/watch?v=gW3qWw0AtOc>
 - Zipping up their own coat
 - Using a knife and fork when eating.
 - How to blow/ wipe their own nose.

Expressive Arts & Design

This area of the EYFS is used to develop a child's imagination, creativity and their ability to use media and materials. Children do this in range of ways including singing songs and making music, dancing, playing with colours, textures and design. All these approaches to expressive arts help children to represent and understand their own feelings and ideas.

Music - A sequence of 6 fun music lessons to complete at home

This is me: <https://classroom.thenational.academy/lessons/this-is-me-60t36d/activities/1>

Good to be me: <https://classroom.thenational.academy/lessons/good-to-be-me-64u3jd/activities/1>

Me and my family pt1: <https://classroom.thenational.academy/lessons/me-and-my-family-part-1-c5h3et>

Me and my family pt2: <https://classroom.thenational.academy/lessons/me-and-my-family-part-2-6hk36t>

Me and my friends pt1: <https://classroom.thenational.academy/lessons/me-and-my-friends-part-1-cdjp6t>

Me and my friends pt2: <https://classroom.thenational.academy/lessons/me-and-my-friends-part-2-71jk0t>

Other activities linked to the theme 'Autumn' include:

Go on a walk through a forest or park, you can point out the beautiful colours of the trees and shrubs and also the way the fallen leaves smell on the ground as you kick them up, and the way the crispy ones crackle and crunch under your feet. Introduce rich vocabulary like this where possible. What shape and colour are the leaves? Give some examples of shapes it might be, such as long and pointy, small and round, or oval shaped.

- Let your child mix paints to try to create autumn colours to paint with. The end result isn't important here, it's all about the experimenting, so when they end up with the inevitable 'brown', that will be a good enough colour to paint with.
- Collect some real leaves, preferably those with strong veins running through, then paint them. Use these painted leaves to print patterns on to paper. Talk about the patterns you see.